## Tuscan REBELS

ention 'Chianti' to me and three things - in no particular order - will inevitably come to mind: pasta with any kind of tomato-based sauce (besides pizza margherita, one of the best dishes to pair this easy drinker with), Tuscany (the region in central Italy where it hails from) and Sangiovese (the dominant grape variety used to make it). Generally speaking, these medium-bodied, fruity reds have rustic tannins and a high acidity. In their youth, they are characterised by juicy cherry and red fruit flavours, herbal notes and a floral bouquet; as they age, they become richer, more concentrated and take on earthier nuances. Though Chianti, which happens to be one of the most popular wines in the country, is deeply-rooted in this picturesque region of sunflower-covered hillsides, back in the late 1960s it had no choice but to make way for its cooler, fancier cousin: the Super Tuscan. You would think that bold and ballsy winemakers would

have no place in a land that reveres tradition, but Super Tuscans proved the opposite to be true. When these plucky pioneers became disillusioned with rules which they believed were not established in the interest of creating good wines (among them, having to use inferior white grapes in their blends), they turned to France for inspiration and decided to start experimenting by adding varietals such as Cabernet Sauvignon, Merlot, Cabernet Franc and Syrah to the indigenous Sangiovese. Additionally, the wines were aged in barrique, resulting in a full-bodied elegance that would garner the attention of connoisseurs. Nevertheless, because these revolutionary wines did not adhere to regional appellation laws, they were deemed with the lowly title of 'vino da tavola' (that's right, 'table wine'). By the 80s, however, they were receiving due recognition and more fittingly christened as 'Super Tuscans'.

Among these forward-thinking wine innovators was the Folonari family, who brought forth their first Super Tuscan vintage back in 1982 and have a history that goes back more than two centuries. In the hands of father

and son duo, Ambrogio and Giovanni Folonari since 2000, the eponymous five-estate company includes Tenute Del Cabreo, where the flagship Cabreo II Borgo is made using a blend of Sangiovese, Cabernet Sauvignon and Merlot harvested from the hills of Greve, situated at approximately 300 metres above sea level. The 2019 vintage of this Tuscan icon is one and all finesse that impresses with both power and complexity. Aged for 24 months in French oak, on the nose, the intensely crimson-coloured wine opens with classic aromas of dark cherries, jammy raspberries and currants that give way to notes of licorice, earth and a sophisticated herbal piquancy. The palate is lush and succulent with hints of rich chocolate, oak and balsamic syrup. Of course, hearty roasts will complement it well, as will cheeses that pack a punch, but on my plate, it's an aromatic and lusciously creamy risotto, chock-full of freshly harvested porcini mushrooms kissed with a touch of thyme, that's doing it justice. A perfect autumnal delight with a wine that pairs beautifully with myriad

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seasonal dishes.



## PAOLA WESTBEEK



Food and wine journalist. Her work has appeared in FRANCE Magazine (UK), Leven in Frankrijk (NL) and Culture (USA). Her French gastronomy columns appeared in En Route (NL). She is the food and drinks columnist for Reader's Digest (UK).